



Barwon CASA
Counselling Services



Barwon

Centre Against Sexual Assault Inc.



Address Level 1, 59-63 Spring Street
Geelong West 3218

Postal Address PO Box 245, Geelong 3220

Phone 03 5222 4318
Email admin@barwoncasa.org
Web www.barwoncasa.org

**24 Hour Sexual
Assault Crisis Line**
1800 806 292

**24 Hour Women's Domestic
Violence Crisis Line**
1800 015 188



Youth
Program



Barwon CASA acknowledges the support of the Victorian Government

What is sexual assault?

Sexual assault is any unwanted sexual activity that you did not agree to that makes you feel uncomfortable, frightened, intimidated or humiliated. Just because a person doesn't protest or physically resist doesn't mean they freely agreed to sexual activity. You were not freely consenting to sexual activity if:

- You were asleep or unconscious.
- You had been drinking or taking drugs and were not aware of what was happening.
- You surrender because of force, fear of force or fear of harm to you or someone else.

What is family violence?

Family violence is the use of violent, threatening, coercive or controlling behaviour by an individual against a family member, or someone with whom they have, or have had, an intimate relationship.

Violent behaviour may include physical or sexual assault and power and control tactics such as direct or indirect threats, emotional and psychological abuse, economic control, social isolation and behaviour which causes a person to live in fear.

What is the aim of the program?

- To provide a youth focussed counselling and advocacy service to support young people who have experienced sexual assault or family violence.
- To support young people within their family or other networks.
- To raise awareness about and work toward prevention of sexual assault and family violence.

What services are provided?

For Young People and Families:

- Specialist individual and family counselling
- Therapeutic assessment advocacy
- Information, referral and resources
- Services are provided at no cost

For Organisations:

- Professional consultation
- Professional development
- Information, referral and resources

Who can access the program?

- Young people who have experienced sexual abuse and/or family violence and their non-offending family members and friends.
- You may bring a friend or family member for support, or you may prefer to talk on the phone to a counsellor.

To make an appointment or to talk to a counsellor, please contact our reception on 03 5222 4318.

A referral is not required.

Barwon CASA Counselling Services provide:

- Specialised counselling programs for women, men, young people and children who have experienced sexual assault either recently or in the past
- Specialised counselling programs for women, young people and children who have experienced family violence either recently or in the past
- Specialised counselling to non-offending parents, partners, family and friends of victims/survivors of recent or past sexual assault
- Outreach counselling services provided across the Barwon and Wimmera regions
- 24 Hour sexual assault crisis care service
- Community development/education
- Group work
- Professional consultation
- School based prevention programs

You have the right to:

- Be heard and acknowledged
- Be treated with dignity
- Respect, confidentiality and privacy
- Appropriate information in the language of your choice
- Make your own choices and have them respected



03 5222 4318